

Jackson Family Expo  
Saturday, March 14<sup>th</sup>, 2015  
Jackson Westwood Mall from 11 to 1pm  
*Families Gettin' Fit & Havin' Fun!*

Parents and Children of All Ages

-  Interactive Entertaining Activities  
In the *Fit 'n Fun Zone*
-  Feed your body, feed your mind;  
With snacks and info
-  FUN! "Do-Together" educational activities
-  Games and **CRAFTS**
-  Freebies

Walk in...



*Ride out?!?!?*

**PRIZE Raffle at 1:00 pm**  
Must be present to win.



The Fit 'n Fun Zone Showcase:  
\*African Drums!  
and Interactive Demonstrations:  
\* Zumba \* Piloxing and more!

*Highlighting the importance of building strong relationships between parents and children,  
Encouraging healthy lifestyle choices, Promoting healthy eating and physical fitness for life.*



March is the month of Parenting Awareness  
*Revving Up* for April's Month of the Young Child and Child Abuse Prevention

**Jackson Alliance for Families**

Council for the Prevention of Child Abuse & Neglect \* Jackson YMCA  
Child Care Network \* Community Action Agency \* Jackson District Library  
*Alliance agencies are proud members of the Jackson County Great Start Collaborative*

